# **DANIEL GARCES**

Masters of Science in Counseling Psychology Licensed Marriage & Family Therapist Licensed Professional Counselor

Date of Birth: September 30, 1967 Birthplace: Frankfurt, West Germany

#### Licensure

Texas State Board of Examiners of Professional Counselors - License #: 13437

LPC Approved Supervisor

Texas State Board of Examiners of Marriage & Family Therapists - License #: 004746-005143 LMFT Approved Supervisor

# **Clinical Experience**

# July 2004 – December 2006

Director: Bering Support Network. Houston, TX.

Director of church-based Support Network serving a diverse community including Gay, Lesbian, Bisexual and Transgendered (GLBT) peoples. Responsible for providing overall direction for individual, family and group therapy, monitoring counseling program progress and overall supervision of operations, staff and budgetary requirements.

#### August 2001 - March 2003

Contract Therapist: St. Hope's Foundation. Houston, TX.

Provides assessment, referral and counseling services to individuals living with HIV under a grant from the Ryan White Counsel. The primary focus is to ally mental health issues impacting clients with HIV.

### August 2000 – August 2010

Lecturer in Psychology at Our Lady of the Lake University – Houston, Graduate Department of Counseling Psychology. Teaches/taught courses in Counseling Theories & Techniques, Multicultural Issues, Pre-practicum and Practicum. Additional duties include assisting program chair in selecting graduate students, organizing and running program and advising students. Provides live supervision to students beginning counseling work.

### June 2000 - Present

Faculty Member: Houston Galveston Institute. Houston, TX.

Supervises masters level student interns. Participates in developing ongoing training and research opportunities. Chair of Internal Review Board (IRB) committee.

## March 2000 - April 2001

Co-founder / Director of Programs: Professional Development Services. Houston, TX. Develops and presents continuing education workshops for psychotherapists. Most recent program: "Managed Care 101: Managing Managed Care". In addition, consults with clinications in private practice on issues ranging from: practice start-up, practice building and marketing to avoiding practice burnout and partnering with managed care.

# May 1999 - March 2003

Contract Therapist: Donald R. Watkins Memorial Foundation. Houston, TX.

Provides assessment, referral and counseling services to individuals living with HIV under a grant from Harris County. The primary focus is on short-term brief therapy to assist clients with the immediate impact of diagnosis.

#### October 1998 - Present

Private Practice: 3316 Mt. Vernon, Houston, TX.

Provides individual, family and group therapy on a variety of issues ranging from depression, self-esteem, sexual orientation to relationship concerns and chemical dependency. Main interest of practice focuses on clients with multiple, life threatening and chronic illnesses (e.g. HIV, Cancer, Hepatitis C). Primary efforts to assist clients in removing psychosocial and psychology barriers to medical treatment. Additionally, provides supervision to individuals seeking licensure as LPC and LMFT. Occasionally presents workshops to public, mental health and medical professional.

3316 Mt. Vernon

Houston, TX 77006

# March 1997 - September 1998

Staff Therapist/Educator: Montrose Counseling Center. Houston, TX.

Provided individual, couple, family and group counseling to individuals experiencing difficulties related to self-esteem, anxiety, depression, relationships, sexual identity, sexual/emotional/physical abuse, family of origin issues, chemical dependency, transgender issues, HIV/AIDS, stress and problems with compulsive behavior. Formed and lead a Men's Process group focusing on issues related to coming out, relationships, family and career concerns. Formed and lead - Generation X "+" - an HIV support group for individuals in their twenties.

# October 1996 - May 1999

Clinical Associate: Houston Galveston Institute. Contract worker. Houston, TX. Provides individual, couple and family therapy. Services contracts with Child Protective Services and Community Youth Services to provide assistance to families referred by courts, caseworkers, and/or school systems. Coordinates activities with referral sources to facilitate client care. Sees private referrals in addition to contract work.

#### October 1996 - March 1997

Program Therapist: Adult Psychiatry, Sharpstown General Hospital. Houston, TX. Responsible for development and implementation of treatment plans for individuals admitted to in-patient treatment. Performed psychosocial assessments, symptoms monitoring, case management, discharge planning and telephone assessments for appropriateness to in-patient and outpatient programs. Conducted process groups, discharge planning groups, chemical dependence process groups, adult daily living skill groups and individual therapy. Further duties included filing mental health warrants and testifying in front of the Harris County Probate Court to facilitate court ordered treatment.

#### February 1996- October 1996

Clinical Team Leader: Adult Mental Health, Mental Health & Mental Retardation Authority of Harris County. Houston, TX.

Organized, planned and conducted team meetings at Ripley Mental Health Clinic. Performed administrative duties, training and case consultation for direct care staff. Duties included input into hiring and discharging recommendations, performance evaluations, staff scheduling and work load assignments. Responsible for planning and implementation of therapeutic interventions, psychological evaluations, intake assessments, casework, case coordination, and case management. Lead a multi-disciplinary team of 8 with a combined caseload of 450 clients.

# February 1995 - February 1996

Caseworker: Adult Mental Health, Mental Health & Mental Retardation Authority of Harris County. Houston, TX.

Responsible for casework, case coordination, chart maintenance, development and implementation of service plans for clients at Ripley Mental Health Clinic. Currently, provides individual counseling to consumers and co-leads a Genogram group focusing on clients' families of origin. Further duties include providing direct clinical services to consumers and their families via scheduled appointments, telephone interactions and crisis calls. Assess client needs and makes referrals to intra-agency services and other public health providers and services where warranted. Position requires working knowledge of DSM-IV and psychotropic medications.

#### August 1993 - August 1994

Teaching Assistant: Department of Psychology & Sociology, Our Lady of the Lake University. San Antonio, TX.

Assistant to Tony Neugebauer, M.A., L.M.F.T. - Coordinator of Off-Campus placement for graduate and undergraduate students in the Department of Psychology & Sociology. Responsible for maintenance of Contracts of Agreement between Our Lady of the Lake University, students and various mental health agencies in the San Antonio area. Further responsibilities include proctoring of an undergraduate course in Group Counseling & Psychology, construction of the Program Handbook for Masters of Science in Counseling Psychology, and revisions of the Doctor of Psychology Program Handbook and Community Counseling Service's Clinic Manual. Designed and executed a survey to assess the perception of the Department of Counseling Psychology program among mental health professionals in the San Antonio area. Bi-annually organized an appreciation brunch for Off-Campus placement supervisors providing counseling experiences for students in practicum.

# May 1992 - August 1994

Project ABC, Inc. San Antonio, TX.

Consulted with individuals, couples and families dealing with issues arising from the chronic illness of a child. Worked in team format with other interns in training. Live and group

supervision provided by Monte Bobele, Ph.D., A.A.M.F.T. approved supervisor and Tony Neugebauer, M.A., L.M.F.T., A.A.M.F.T. approved supervisor.

# May 1992 - August 1994

Community Counseling Service. San Antonio, TX.

Counseled individuals, couples and families of various ethnic and socioeconomic backgrounds. Predominate population consisted of middle to low income Hispanic families dealing with marital and/or family relation issues. Worked in team format with other interns in training. Live and group supervision provided by Dr. Joan Biever, Ph.D., A.A.M.F.T. approved supervisor and Patricia Carrillo, M.S., L.M.F.T., A.A.M.F.T. approved supervisor.

#### May 1992 - August 1994

St. Philip's of Jesus School. San Antonio, TX.

Provided counseling services to students, faculty and families associated with the academy. Predominate population consisted of middle to high-income Hispanic students. In addition to psychotherapy, organized and presented workshops in the classroom to pupils and faculty focusing on themes of Friendship, Gangs and Gang Violence and Parent/Child Relations. Worked individually and with co-therapist. Individual supervision provided by Tony Neugebauer, M.A., L.M.F.T., A.A.M.F.T. approved supervisor.

# May 1992 - August 1994

Wellness Connection, San Antonio, TX.

Consulted with individuals, couples and families living with HIV/AIDS and other life-threatening illnesses. Organized and co-facilitated a weekly HIV support group. Issues discussed ranged from loss of Life Partner, physical and mental health to those of spirituality and personal growth. Individual supervision provided weekly by James Hashaw, M.A., Director of Psychotherapy - Wellness Connection. Additional supervision provided by Tony Neugebauer, M.A., L.M.F.T., A.A.M.F.T. approved supervisor.

## May 1992 - August 1994

San Antonio AIDS Foundation. San Antonio, TX.

Provided counseling services to individuals in advance stages of AIDS. Consultations were rendered bedside in a hospice setting. Frequent meetings were held between therapist and staff in an effort to provide a holistic approach to the care of people living with AIDS. Discussions centered on life and life review issues, spirituality, family relations and death and dying concerns. Individual supervision provided by James Hashaw, M.A., Director of Psychotherapy - Wellness Connection. Additional supervision provided by Tony Neugebauer, M.A., L.M.F.T., A.A.M.F.T. approved supervisor.

# August 1992 - August 1993

Graduate Assistant. San Antonio, TX.

Department of Psychology & Sociology, Our Lady of the Lake University. Provided intake, scheduling and referral services at the Community Counseling Service. Further duties included form maintenance, revision of clinic forms and initial client contact.

## January 1991 - May 1992

Student Worker. College Station, TX.

Department of Wildlife & Fisheries Sciences - Human Dimensions of Fisheries, Texas A&M University. Assisted Dr. Robert Ditton, Ph. D. in assessing motivations, attitudes and desires of anglers. Responsibilities included construction of questionnaires and other measurement materials, graphics design, data entry and copy editing of scholarly papers. Occasionally conducted phone and face-to-face interviews.

# May - August 1991 & Spring 1992

Research Assistant. College Station, TX.

Department of Psychology, Texas A&M University. Assisted Dr. Wendy Stock, Ph.D. with research in the area of human sexuality. Duties involved measurement of affective, attitudinal and physiological responses of participants to sexually explicit material. Conducted screening, orientation and data accumulation. Responsibilities also included literature research and scoring of raw data.

# **Teaching Experience**

Trimester I - Fall 2006

Instructor. Houston, TX.

PSYC 8390 - Practicum

M. S. in Psychology. Our Lady of the Lake University – Houston.

## Trimester III - Summer 2006

Instructor. Houston, TX.

PSYC 8390 – Practicum

M. S. in Psychology. Our Lady of the Lake University – Houston.

#### Trimester II – Spring 2006

Instructor. Houston, TX

PSYC 8356 - Normal Family Processes Across Cultures.

M. S. in Psychology. Our Lady of the Lake University – Houston.

# Trimester II - Spring 2006

Instructor. Houston, TX.

PSYC 8390 - Practicum

M. S. in Psychology. Our Lady of the Lake University – Houston.

# Trimester I – Fall 2005

Instructor. Houston, TX.

PSYC 8390 - Practicum

M. S. in Psychology. Our Lady of the Lake University – Houston.

#### Trimester III – Summer 2005

Instructor. Houston, TX.

PSYC 8352 – Pre-Practicum

M.S. in Psychology. Our Lady of the Lake University – Houston.

### Trimester III – Summer 2005

Instructor. Houston, TX.

PSYC 8390 – Practicum

M. S. in Psychology. Our Lady of the Lake University – Houston.

# Trimester II – Spring 2005

Instructor. Houston, TX

PSYC 8356 - Normal Family Processes Across Cultures.

M. S. in Psychology. Our Lady of the Lake University – Houston.

# Trimester II – Spring 2005

Instructor. Houston, TX.

PSYC 8390 - Practicum

M. S. in Psychology. Our Lady of the Lake University – Houston.

# Trimester I – Fall 2004

Instructor. Houston, TX.

PSYC 8390 – Practicum

M. S. in Psychology. Our Lady of the Lake University – Houston.

## Trimester III – Summer 2004

Instructor. Houston, TX.

PSYC 8352 - Pre-Practicum

M.S. in Psychology. Our Lady of the Lake University – Houston.

## Trimester III - Summer 2004

Instructor. Houston, TX.

PSYC 8390 – Practicum

M. S. in Psychology. Our Lady of the Lake University – Houston.

### Trimester II – Spring 2004

Instructor. Houston, TX

PSYC 8356 - Normal Family Processes Across Cultures.

M. S. in Psychology. Our Lady of the Lake University – Houston.

Trimester II – Spring 2004

Instructor. Houston, TX. PSYC 8390 – Practicum

M. S. in Psychology. Our Lady of the Lake University – Houston.

Trimester I - Fall 2003

Instructor. Houston, TX. PSYC 8390 – Practicum

M. S. in Psychology. Our Lady of the Lake University – Houston.

Trimester III – Summer 2003

Instructor. Houston, TX. PSYC 8352 – Pre-Practicum

M.S. in Psychology. Our Lady of the Lake University – Houston.

Trimester II – Spring 2003

Instructor. Houston, TX.

PSYC 8356 - Normal Family Processes Across Cultures.

M.S. in Psychology. Our Lady of the Lake University – Houston.

Trimester I – Fall 2002

Instructor: Houston, TX

PSYC 8302 - Counseling Theories: Methods & Techniques M.S. in Psychology. Our Lady of the Lake University - Houston

Trimester I – Fall 2002

Instructor: Houston, TX PSYC 8390 – Practicum

M.S. in Psychology. Our Lady of the Lake University - Houston

Trimester I – Fall 2001

Instructor. Houston, TX.

PSYC 8356 - Normal Family Processes Across Cultures.

M.S. in Psychology. Our Lady of the Lake University – Houston.

Trimester I – Fall 2001

Instructor: Houston, TX PSYC 8390 – Practicum

M.S. in Psychology. Our Lady of the Lake University - Houston

June 2, 2001

Guest Instructor. Houston, TX.

PSYC 7333. "Mood and Dissociative Disorders."

M.S. in Psychology. Our Lady of the Lake University – Houston.

October 7, 2000

Guest Instructor. Houston, TX.

PSYC Elective. "Developing a Private Practice."

M.S. in Psychology. Our Lady of the Lake University – Houston.

Trimester I - Fall 2000

Instructor. Houston, TX.

PSYC 8356 – Normal Family Processes Across Cultures.

M.S. in Psychology. Our Lady of the Lake University – Houston.

# **Presentations / Workshops**

January 19, 2006

Texas Association for Marriage & Family Therapy – Annual 2006 Conference – Transgender Impact on Families: Therapeutic Considerations

January 17, 2004

Texas Association for Marriage & Family Therapy – Annual 2004 Conference – Gay/Lesbian Issues Networking Table

January 15, 2004

Texas Association for Marriage & Family Therapy – Annual 2004 Conference – "Developing & Enhancing a Successful Practice".

February 16, 2003

Some Transgenders Are Guys (S.T.A.G.) – Monthly Meeting – "Benefits of Mental Health Counseling for the Transgendered Community".

January 25, 2003

Texas Association for Marriage & Family Therapy - Annual 2003 Conference – Gay/Lesbian Issues Networking Table

November 14, 2002

Texas Counseling Association – Annual 2002 Conference – "Gay & Happy: Supporting Same-Sex Relationships in Counseling".

February 22, 2002

Montgomery County Youth Services – "Coming Together: A Cross-Cultural Community Dialogue".

January 26, 2001

Texas Association for Marriage & Family Therapy - Annual 2002 Conference – Gay/Lesbian Issues Networking Table

June 10, 2000

Professional Development Services - "Managed Care 101: Managing Managed Care"

April 15, 2000

Professional Development Services - "Managed Care 101: Managing Managed Care"

April – December 2000

Houston Galveston Institute. Monthly Externship – "Cross-Cultural Externship: A Difference Dialogue"

January 28, 2000

Texas Association for Marriage & Family Therapy - Annual 2000 Conference - "Multicultural Voices: Client's, Therapists & Supervisors"

January 28, 1999

Texas Association for Marriage & Family Therapy - Annual 1999 Conference - "Help! There's a Hispanic / Asian in my Office!"

November 30, 1998

Father's First of Houston - "Coming out to children."

June 30, 1998

Choices: welfare to work program - "Seven habits of a highly effective welfare-to-work person."

May 4, 1998

University of Houston, Department of Social Work - "Working in private practice."

### **Publications**

Garces, D. (2001). Gay Dating 101. OutSmart Magazine, 8(1), 92-93.

Garces, D. (1995). David vs. Infractoman - Collector of Infractions. GrassRoutes - Stories from Family & Systemic Therapists, 3(1),15-19.

### Honors / Awards

October 2002

Voted "Best Therapist" by readers of OutSmart magazine.

October 2001

Voted "Favorite Psychotherapist" by readers of OutSmart magazine.

October 2000

Voted "Favorite Psychotherapist" by readers of OutSmart magazine.

October 1994

The Harold Goolishian, Ph.D. Scholarship Fund - recipient of a scholarship for advanced training in systemic psychotherapy. Fund was created in honor of the late co-founder of the Houston Galveston Institute where training was held.

## **Education**

August 1992 - August 1994

Our Lady of the Lake University

Degree: M.S. in Counseling Psychology. Conferred August 1994.

August 1986 - May 1992

Texas A&M University

Degree: B.S. in Psychology. Conferred May 1992.

Degree: B.S. in Wildlife & Fisheries Sciences. Conferred May 1992.

# **Additional Training**

March 1999 - March 2000

Houston Galveston Institute - Supervision Course: "What Every Good Supervisor Should Know", 3 hour monthly meeting. Supervisor-in-training under Harlene Anderson, Ph.D. Focus on practical, theoretical and ethical issues. Fulfills course requirements for American Association for Marriage & Family Therapy (AAMFT) Approved Supervisor status, Licensed Marriage & Family Therapist (LMFT), Licensed Professional Counselor (LPC), and Licensed Master Social Worker (LMSW). Projected completion date: September 2000.

## October 1994 - December 1994

Houston Galveston Institute - Weekly Externship: Advanced Training in Systemic Psychotherapy, 40 hours. Intensive, clinically oriented program designed to develop postmodern systemic thinking and clinical skills, with individuals, couples and families. Program focuses on clinical experience and live observation with a variety of individual, couple, family and larger system problems. Seminar focuses on theoretical aspects of Postmodern systemic thinking, case consultations, experiential exercises and discussions of relevant readings. Participants include professionals from different work settings including school, hospital, community agency and private practice. Instruction and live supervision provided by Harlene Anderson, Ph.D., Director - Houston Galveston Institute. Additional instruction and supervision provided by Sue Levin, Ph.D., Faculty - Houston Galveston Institute and Lorianne Reeves, M.A., Faculty - Houston Galveston Institute.

## September 1994

The Wellness Institute - Accelerated Hypnotherapy Certification Program, 60 hours. Certification: Clinical Hypnotherapist (C. Ht.).